

Report on World Health Day Celebration in Collaboration with Public Health Center Laloo, Hyderpora

Introduction: World Health Day is celebrated annually on April 6 to raise awareness about global health issues and to promote healthy living. This year, Iqbal Institute of Technology and Management (IITM) observed World Health Day in collaboration with the Public Health Center, Laloo, Hyderpora. The theme for World Health Day 2023 was "Health for All," emphasizing the importance of providing universal access to healthcare services for every individual, regardless of socioeconomic status.

Event Overview: On April 7, 2023, a special event was organized to commemorate World Health Day with the collaboration of Public Health Center Laloo. The event aimed at raising awareness about health-related issues and promoting the theme "Health for All." The activities included interaction sessions, health awareness talks, and the organization of a free medical camp for the local community and IITM students.

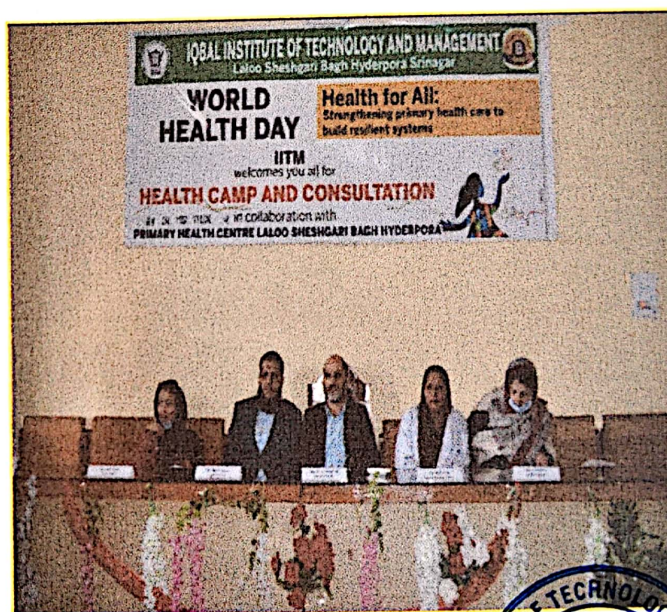
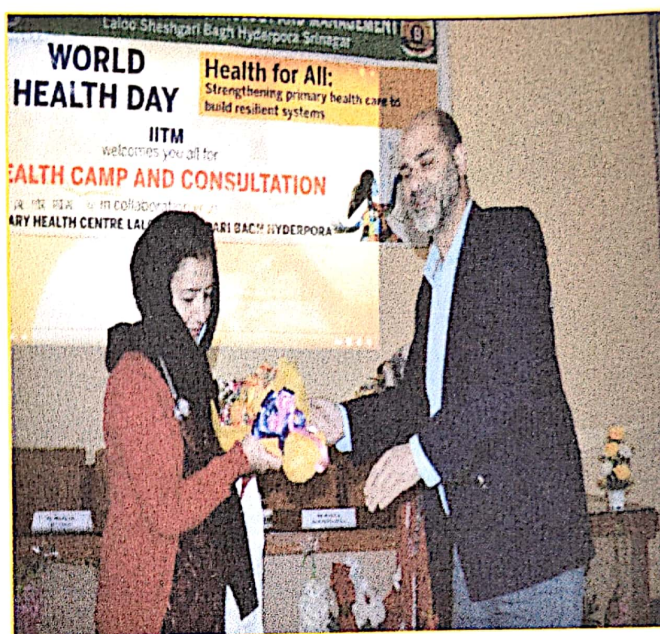
Objective: The primary objectives of the event were:


1. To promote the theme "Health for All" by educating students and the local community about accessible healthcare.
2. To provide free healthcare services, including basic medical consultations, check-ups and medications.
3. To raise awareness about the importance of health and well-being.
4. To foster collaboration between IITM and the Public Health Center Laloo, Hyderpora.


Activities Conducted:

1. **Interactive Sessions:** Public Health Center Laloo organized several interactive sessions with IITM students. These sessions covered various aspects of health, including preventive care, nutrition, mental health, and the importance of regular health check-ups. The experts from the public health center engaged students in lively discussions, answering their questions and sharing tips on maintaining good health.
2. **Health Awareness Talks:** The event featured informative talks on the theme "Health for All." Health professionals from the Public Health Center highlighted the importance of equitable healthcare services, the role of preventive healthcare in improving public health, and the significance of community health initiatives.
3. **Free Medical Camp:** A free medical camp was set up at IITM in collaboration with the Public Health Center Laloo. The camp offered a range of medical services, including free consultations, blood pressure check-ups, glucose testing, and general health assessments. Local residents and students were invited to avail of these services, ensuring that individuals from all walks of life could benefit from the initiative.

Impact: The celebration of World Health Day in collaboration with the Public Health Center Laloo proved to be a success in promoting the theme of "Health for All." Several students and local residents benefited from the free medical services provided, while others gained valuable knowledge about maintaining their health. The interactive sessions and health talks helped raise awareness about the importance of healthcare access and preventive measures in promoting long-term well-being.




DIRECTOR, IITM





Report on International Yoga Day Celebration

Date: June 21, 2023

Location: Iqbal Institute of Technology and Management (IITM)

Objective

The celebration of International Yoga Day at Iqbal Institute of Technology and Management (IITM) aimed to promote the physical, mental, and spiritual benefits of yoga. The event emphasized the importance of incorporating yoga into daily life as a means of improving overall well-being, reducing stress, and enhancing focus and productivity.

Event Highlights

1. Yoga Sessions

The day began with a group yoga session conducted by a certified yoga instructor. Students, faculty, and staff participated in various yoga poses designed to improve flexibility, strength, and mental clarity. The instructor also highlighted the importance of proper breathing techniques (pranayama) to reduce stress and increase mindfulness.

2. Lecture on the Benefits of Yoga

A special lecture was held, where an expert in wellness and yoga shared insights into the long-term benefits of regular yoga practice. The lecture focused on how yoga can enhance mental health, increase focus, improve posture, and alleviate common physical issues such as back pain and fatigue.

3. Promoting a Healthy Lifestyle

As part of the Yoga Day celebration, participants were also introduced to holistic living principles, including healthy eating, mindfulness, and the importance of sleep. Information about maintaining a balanced and healthy lifestyle was distributed through pamphlets and posters.

Acknowledgments

Special thanks to the yoga instructor for conducting the sessions and workshops with great expertise. Appreciation is also extended to the Department of Management Studies and the Physical Education Department for their support in organizing the event. The students and faculty members who participated in the sessions made the celebration a resounding success.

Conclusion

The celebration of International Yoga Day at IITM was a memorable and impactful event that not only raised awareness about the importance of yoga but also encouraged the community to adopt yoga as a practice for improving their health and well-being. The event reinforced the idea that yoga is a holistic approach to leading a healthy, balanced life. We look forward to continuing such initiatives in the future, aiming to foster a culture of wellness and mindfulness at IITM.


Director, IITM

Report on Inter-College Marathon Run
Organized by Iqbal Institute of Technology and Management (IITM)
Date: 5th June 2023
Theme: *Freedom from Drugs*

On the occasion of World Environment Day, the Iqbal Institute of Technology and Management (IITM) organized an **Inter-College Marathon Run** on 5th June 2023. The event, themed *Freedom from Drugs*, aimed to promote a healthy and drug-free lifestyle while highlighting the importance of environmental preservation.

Event Details

The marathon began at **Foreshore Road, Nishat**, and concluded at **Duck Park**, covering a scenic route along the picturesque Dal Lake. Participants included over 100 students from various colleges, faculty members and volunteers.

Objectives

1. To raise awareness about the detrimental effects of drug abuse.
2. To inspire youth to adopt healthier lifestyles.
3. To commemorate World Environment Day by encouraging eco-friendly practices.

Inauguration Ceremony

The event commenced with a brief inauguration ceremony at Foreshore Road, where the Principal of IITM delivered an inspiring speech emphasizing the dual significance of the event—spreading awareness about drug abuse and environmental conservation.

Highlights of the Event

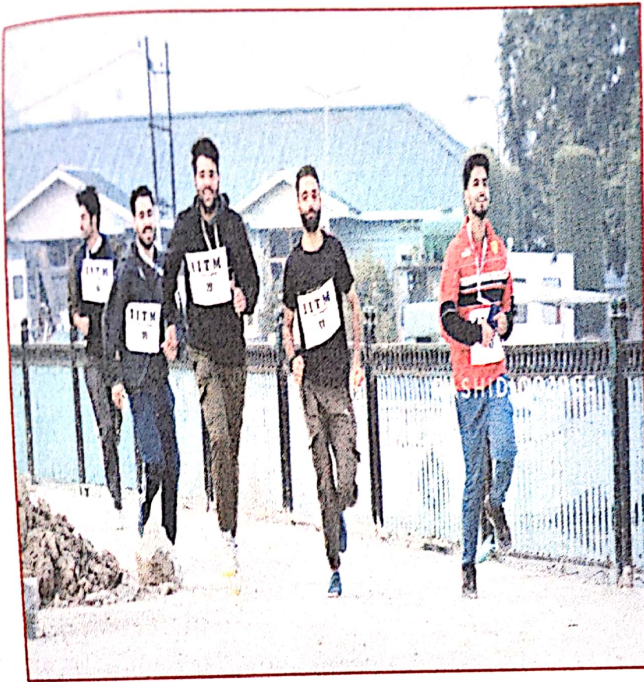
- The marathon was flagged off at 7:00 AM, with participants enthusiastically taking to the road amidst cheers and encouragement.
- Eco-friendly practices were emphasized, with water stations providing biodegradable cups and volunteers ensuring no littering occurred along the route.
- Informative banners and placards carried by participants spread impactful messages about the theme.

Awards and Acknowledgments

The top three runners were awarded trophies and certificates of appreciation during a small concluding ceremony at Duck Park. All participants received participation certificates as a token of encouragement from Chairman IITM in college Felicitation ceremony.

Conclusion

The event was a grand success, receiving positive feedback from participants and spectators alike. It not only raised awareness about the importance of staying drug-free but also underscored the significance of protecting the environment. The organizers expressed gratitude to all the participants, volunteers, and



IQBAL INSTITUTE OF TECHNOLOGY & MANAGEMENT

Laloo, Hyderpora, Srinagar, J&K UT, India - 190014

www.iitm.edu.in | contact@iitm.edu.in | +91- 6006195692



INITIATES

KASHMIR MARATHON 2023

WORLD ENVIRONMENT DAY

Monday 5th June, 2023

Running Track: Nishat To Duck Park

Sponsored By:





Laloo,sheshgari bagh, 2QXF+4H9, Hyderpora, Srinagar, 190014

Latitude
34.04770478°

Longitude
74.77399156°

Local 11:23:13 AM
GMT 05:53:13 AM

Altitude 1587 meters
Wednesday, 20.12.2023



GPS Map Camera

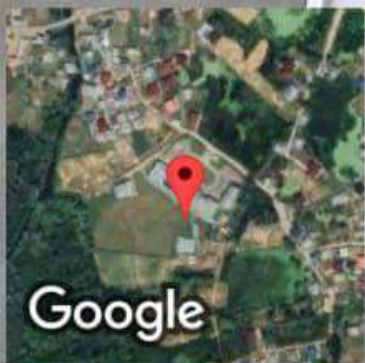


18/01/25 12:15 PM GMT +05:30

COMPUTER SCIENCE DEPARTMENT



GPS Map Camera



Google


Srinagar

, Srinagar, 190015

Lat 34.047683° Long 74.774176°

18/01/25 12:14 PM GMT +05:30



 **GPS Map Camera**



Srinagar, ,
Laloo,sheshgari bagh, 2QXF+4H9, Hyderpora, Srinagar, 190014
Lat 34.047796°
Long 74.773973°
16/12/23 01:54 PM GMT +05:30



 **GPS Map Camera**

Srinagar, ,
Laloo,sheshgari bagh, 2QXF+4H9, Hyderpora, Srinagar, 190014
Lat 34.047796°
Long 74.773976°
16/12/23 01:57 PM GMT +05:30





 **GPS Map Camera**

Srinagar, ,

Laloo,sheshgari bagh, 2QXF+4H9, Hyderpora, Srinagar, 190014

Lat 34.047498°

Long 74.774419°

16/12/23 02:01 PM GMT +05:30



Google

Dear Students,

Your safety, dignity, and well-being are our top priority. If you face or witness any form of **harassment, ragging** or inappropriate behavior, we are here to support you.

Please do not hesitate to reach out through the following helpline numbers:

☐ **Anti-Harassment Helpline:** 9906471860

☐ **Anti-Ragging Helpline:** 7006104909

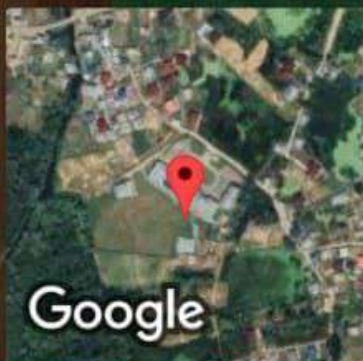
Email Support: [swo@iitm.edu.in]

Counselor Contact: [Room no. 40]

All reports will be treated with the utmost confidentiality, and strict action will be taken as per college and legal policies.

Let's work together to ensure a safe and respectful campus environment for everyone.

- College Administration



Google



GPS Map Camera

Srinagar

, Srinagar, 190015

Lat 34.047683° Long 74.774176°

18/01/25 12:14 PM GMT +05:30



OFFICE ORDER

ORDER NO : 364 IITM OF 2022

DATED : 04-04-2022

In the interest of administration, Mr. Nisar Ahmad is hereby given the charge of Watch & Ward Officer with immediate effect till further orders for carrying out the smooth flow of work.

[Mir Zaffar Hussain]
PRINCIPAL

No. :- IITM/2022/78/00/553rd

Dated: - 04-04-22

Copy for information to:-

1. HOD Computer Science.
2. Mr. Nisar Ahmad, Lab Bearer IITM
3. Office Order File.

Tax Invoice

Tax Invoice

SRINAGAR TECHNOLOGY CONSULTANTS PVT LTD
125 IT Tower One Electronic Complex
Industrial Estate SIDCO Rangreth
GSTIN/UID: 01ABBFS5155Q2ZX
State Name : Jammu & Kashmir, Code : 01
CIN: U72200JK2005PTC2488
E-Mail : accounts@stc.in, billing@stc.in

Consignee (Ship to)
IQBAL INSTITUTE OF TECHNOLOGY & MANAGEMENT (LALOO)
Laloo, Sheshgari Bagh, Hyderpora
Srinagar
State Name : Jammu & Kashmir, Code : 01

Buyer (Bill to)
IQBAL INSTITUTE OF TECHNOLOGY & MANAGEMENT (LALOO)
Laloo, Sheshgari Bagh, Hyderpora
Srinagar
State Name : Jammu & Kashmir, Code : 01

| | |
|---|--|
| Invoice No. STC222354 | Dated 6-Mar-23 |
| Delivery Note | Mode/Terms of Payment |
| Reference No. & Date. | Other References |
| Buyer's Order No. IMT/46-49 | Dated 4-Apr-22 |
| Dispatch Doc No. | Delivery Note Date |
| Dispatched through | Destination Laloo, Hyderpora |
| Bill of Lading/LR-RR No. dt. 4-Mar-23 | Motor Vehicle No. |
| Terms of Delivery | |

| Sl No | Description of Goods | HSN/SAC | Quantity | Rate | per | Disc. % | Amount |
|-------|--|---------|----------|-----------|-----|---------|-------------|
| 1 | Hikvision 4MP Network PTZ Camera (DS-2DE4425IW-DE) | 998314 | 5.00 No | 33,885.50 | No | | 1,69,427.50 |
| 2 | Hikvision 5MP Network Varifocal Camera (DS-2CD3651G0-IZS 2.7 - 13.5 mm) | 998314 | 9.00 No | 13,664.96 | No | | 1,22,984.64 |
| 3 | Hikvision 4MP Network Dome Camera With Built in Mic (DS-2CD2143G2-IU 2.8 mm) | 998314 | 23.00 No | 6,029.42 | No | | 1,38,676.66 |
| 4 | Hikvision 64CH Professional Network Video Recorder (NVR) (DS-9632NI-18) | 998314 | 1.00 No | 79,750.00 | No | | 79,750.00 |
| 5 | WD 3.5 Surveillance HDD (Purple) | 998314 | 2.00 No | 26,745.76 | No | | 53,491.52 |
| 6 | Dlink L2 8 Port PoE Managed Switch (DGS-1210 Series) 10240 | 998314 | 2.00 No | 12,000.00 | No | | 24,000.00 |
| 7 | Dlink 6 Core, Unitube, Armoured SM Optical Fiber Cable (OFC) | 998314 | 555 Mtr | 28.20 | Mtr | | 15,651.00 |
| 8 | Dlink Fiber Patch Panels 6 Port SM Loaded Rack Mountable (9NLU-FSSLSCR-12) | 998314 | 5.00 No | 3,566.27 | No | | 17,831.35 |
| 9 | Dlink Optical Fiber Equipment Cord (Min 3 Mtr) (NCB-FS09D-LCSC-3) | 998314 | 10.00 No | 1,118.64 | No | | 11,186.40 |
| 10 | Dlink Pigtailes (NCB-FS09S-SC1) | 998314 | 30.00 No | 138.81 | No | | 4,164.30 |

continued to page number 2

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Tax Invoice(Page 2)

Tax Invoice

SRINAGAR TECHNOLOGY CONSULTANTS PVT LTD
 125 IT Tower One Electronic Complex
 Industrial Estate SIDCO Rangreth
 GSTIN/UIN: 01ABBFS5155Q2ZX
 State Name : Jammu & Kashmir, Code : 01
 CIN: U72200JK2005PTC2488
 E-Mail : accounts@stc.in, billing@stc.in

Consignee (Ship to)
IQBAL INSTITUTE OF TECHNOLOGY & MANAGEMENT (LALOO)
 Laloo, Sheshgari Bagh, Hyderpora
 Srinagar
 State Name : Jammu & Kashmir, Code : 01

Buyer (Bill to)
IQBAL INSTITUTE OF TECHNOLOGY & MANAGEMENT (LALOO)
 Laloo, Sheshgari Bagh, Hyderpora
 Srinagar
 State Name : Jammu & Kashmir, Code : 01

Invoice No.
STC222354

Delivery Note

Reference No. & Date.

Buyer's Order No.
IMT/46-49

Dispatch Doc No.

Dispatched through

Bill of Lading/LR-RR No.
dt. 4-Mar-23

Terms of Delivery

Dated
6-Mar-23

Mode/Terms of Payment

Other References

Dated
4-Apr-22

Delivery Note Date

Destination
Laloo, Hyderpora

Motor Vehicle No.

| Sl No. | Description of Goods | HSN/SAC | Quantity | Rate | per | Disc. % | Amount |
|--------|---|---------|-------------|-------------|-------|---------|-------------|
| 11 | Dlink 9U Rack (NWR-9U-5040-GR) | 998314 | 11.00 No | 4,498.81 | No | | 49,486.91 |
| 12 | Dlink 1G SFP Transceiver for Single Mode Fiber (DEM-310GT) | 998314 | 10.00 No | 2,836.86 | No | | 28,368.60 |
| 13 | Dlink Category 6 UTP Indoor Cable, 4 Pair (NCB-C6UGRYR-305) | 998314 | 24 Boxes | 7,047.22 | Boxes | | 1,69,133.28 |
| 14 | Dlink Category 6 24 Port Jack Panel (NPP-C61BLK241) | 998314 | 11.00 No | 2,816.46 | No | | 30,981.06 |
| 15 | Dlink Category 6 UTP Patch Cord (NCB-C6UGRY1-1) | 998314 | 120.00 No | 138.11 | No | | 16,573.20 |
| 16 | Dlink Horizontal Cable Manager (NCM-XX01-B) | 998314 | 11.00 No | 437.42 | No | | 4,811.62 |
| 17 | Dlink Category 6 Modular Jack (Keystone) With Face Plate Single (NKJ-C6WHI1B21, NFP-0WHI11) | 998314 | 248.00 No | 172.20 | No | | 42,705.60 |
| 18 | Dlink Surface Mount Jack Box (Gang Box/SMB) | 998314 | 248.00 No | 53.45 | No | | 13,255.60 |
| 19 | Mikrotik Ethernet Router (CCR1036-12G-4S) | 998314 | 1.00 No | 1,05,423.73 | No | | 1,05,423.73 |
| 20 | PVC Conduit Pipe (1") | 998314 | 1,981.00 No | 22.84 | No | | 45,246.04 |
| 21 | PVC Conduit Bend (1") | 998314 | 1,344.00 No | 14.92 | No | | 20,052.48 |
| 22 | PVC Flexible 1" | 998314 | 150 Mtr | 19.58 | Mtr | | 2,937.00 |
| 23 | HDPE (High Density Polyethylene) 32mm Fiber Duct | 998314 | 390 Mtr | 65.25 | Mtr | | 25,447.50 |

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Tax Invoice(Page 3)

Tax Invoice

114

SRINAGAR TECHNOLOGY CONSULTANTS PVT LTD

125 IT Tower One Electronic Complex

Industrial Estate SIDCO Rangreth

GSTIN/UIN: 01ABBFS5155Q2ZX

State Name : Jammu & Kashmir, Code : 01

CIN: U72200JK2005PTC2488

E-Mail : accounts@stc.in, billing@stc.in

Consignee (Ship to)

IQBAL INSTITUTE OF TECHNOLOGY & MANAGEMENT (LALOO)

Laloo, Sheshgari Bagh, Hyderpora

Srinagar

State Name : Jammu & Kashmir, Code : 01

Buyer (Bill to)

IQBAL INSTITUTE OF TECHNOLOGY & MANAGEMENT (LALOO)

Laloo, Sheshgari Bagh, Hyderpora

Srinagar

State Name : Jammu & Kashmir, Code : 01

Invoice No.

STC222354

Dated

6-Mar-23

Delivery Note

Mode/Terms of Payment

Reference No. & Date.

Other References

Buyer's Order No.

IMT/46-49

Dated

4-Apr-22

Dispatch Doc No.

Delivery Note Date

Dispatched through

Destination

Laloo, Hyderpora

Bill of Lading/LR-RR No.

dt. 4-Mar-23

Motor Vehicle No.

Terms of Delivery

| Sl No. | Description of Goods | HSN/SAC | Quantity | Rate | per | Disc. % | Amount |
|------------------|---|---------|-----------|-----------|-----|---------|--------------|
| 24 | Installation, Configuration, Testing & Comm of IP IP Cameras | 998314 | 37.00 No | 391.53 | No | | 14,486.61 |
| 25 | Installation, Configuration, Testing & Comm. of NVR | 998314 | 1.00 No | 1,584.75 | No | | 1,584.75 |
| 26 | Installation, Configuration, Laying, Termination, Testing & Commissioning of Active Components & UTP Cabling, Components with All Accessories | 998314 | 7,320 Mtr | 27.97 | Mtr | | 2,04,740.40 |
| 27 | Installation, Laying, Splicing, Termination, Testing & Commissioning of Fiber Cable(underground) | 998314 | 130 Mtr | 254.49 | Mtr | | 33,083.70 |
| 28 | Installation, Laying, Splicing, Termination, Testing & Commissioning of Fiber Cable (surface) | 998314 | 404 Mtr | 84.75 | Mtr | | 34,239.00 |
| 29 | Supply, Installation, Laying, Termination, Testing & Comm. of Centralising Electric wiring Supply Uninterrupted Power to Wired & Wireless Network with Earthing (2.5 mm 2 Core Polycab Wire) | 998314 | 450 Mtr | 245.76 | Mtr | | 1,10,592.00 |
| 30 | Dlink L2 24 Port PoE Managed Switch (DGS-1210 Series) | 998314 | 3.00 No | 25,830.00 | No | | 77,490.00 |
| Output CGST @ 9% | | | | | | | 16,67,802.45 |
| | | | | | | | 1,50,102.24 |

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Scanned with OKEN Scanner

112

ame : Jammu & Kashmir, Code : 01

Terms of Delivery

Motor Vehicle No.

E. & O.E

| |
|-------------|
| 3,00,204.48 |
|-------------|

Authorised Signatory

This is a Computer Generated Invoice

Items entered registered
in the stock register
P. NO. 135, 136, 134, 137

upper technology

(04)

Sold By :

Nakshatra Technology

* H.No 421/0469, Shreekrushna Nagar, behind
Yashwant Market,, Near Mauli Iwans, Ambad,
Nashik, MAHARASHTRA, 422010
IN

Billing Address :

Principal, IITM,
Laloo, Hyderpora,
Srinagar, JAMMU & KASHMIR, 190014
IN
State/UT Code: 01

PAN No: AMIPJ1712C

GST Registration No: 27AMIPJ1712C1ZK

Shipping Address :

Principal, IITM,
Laloo, Sheshgharibagh, Hyderpora,
Srinagar, JAMMU & KASHMIR, 190014
IN

State/UT Code: 01

Place of supply: JAMMU & KASHMIR

Place of delivery: JAMMU & KASHMIR

Invoice Number : IN-286

Invoice Details : MH-861201605-2122

Invoice Date : 26.03.2022

Order Number: 408-3814770-2654757

Order Date: 26.03.2022

Passed for Rs. 5,099/-
(Rupees Five thousand &
ninety nine only)

| Sl. No | Description | Unit Price | Qty | Net Amount | Tax Rate | Tax Type | Tax Amount | Total Amount |
|--------|---|------------|-----|------------|----------|----------|------------|--------------|
| 1 | Stay Happy Manual Sanitary Napkin Vending Machine 33 Pad Capacity (Rs. 5 Coin Selector) B07MZ68VGN (Nakshatra Technology Manual Vending mach) HSN:84186930 | ₹4,321.19 | 1 | ₹4,321.19 | 18% | IGST | ₹777.81 | ₹5,099.00 |
| TOTAL: | | | | | | | ₹777.81 | ₹5,099.00 |

Amount in Words:

Five Thousand Ninety-nine only

For Nakshatra Technology:

Authorized Signatory

Whether tax is payable under reverse charge - No

| | | | |
|--|--|----------------------------|---------------------------------|
| Payment Transaction ID: 3lpxVVRUoZ4H99kAK6n | Date & Time: 26/03/2022, 14:56:27 hrs | Invoice Value: 5,099.00 | Mode of Payment: Credit Card |
|--|--|----------------------------|---------------------------------|

For verification / stock entry

Mrs. Gauria
I/c Girls. C. Room / Mrs. Mohaz.

Item verified &
entered in the
stock register of
J.M. 190. 14/4/22

The item has been
physically verified
by me / 20/03/22

Customers can verify the GST credit by logging into their GST account and purchase of goods on business from Business eligible entity

Please note that this invoice is not a demand for payment

9. Grievance Redressal Committee :-

- | | |
|-----------------------------|--------------------------------------|
| I. Chairman | : Dr. R. A. Thakur (Director, IITM). |
| II. Convener | : Mrs. Sabina Tariq. |
| III. Members | : Mrs. Qurat, Mrs. Ambreen. |
| IV. Student Representative. | |

Objectives:-

1. To provide an avenue for the aggrieved students to redress their individual grievances in order to have a healthy atmosphere among students, staff and management in the Institute.
2. To comply with the AICTE regulations to provide for establishment of Grievance Redressal Committee in each Institute approved by AICTE.

Responsibilities:-

1. Committee members meet once a month to discuss and resolve the grievances, if any received in writing from the concerned students or received from IT Cell through our grievance redressal software.
2. The SGRC shall send its report with recommendations, if any, to the concerned institution and a copy thereof to the aggrieved student, within a period of 15 days from the date of receipt of the compliant
3. To maintain the minutes of the meetings and submit the same to the Principal.



2. Disciplinary & Anti Ragging Committee :-

- Disciplinary & Anti Ragging Committee**
- i. Convener : Mr. Adil Mehraj
- ii. Members : Dr. Asma Gulzar, Mrs. Asifa Arabi.
- iii. Student Representative.

Objective:-

Objective:-
To assist the college authorities in promoting and maintaining discipline in the institute and prevent anti ragging menace in any form.

Responsibilities:-

1. To promote and maintain discipline in the institute by pro-actively assisting the college authorities by involvement and giving suggestions.
2. To ensure implementation of anti-ragging measures by students in the institute by pro-actively involving, giving wide publicity to prevent ragging and taking rounds around college premises and such taking preventive measures.
3. Awareness among Staff & Students regarding rules, norms, and values of I.M.T.
4. Remedial measures for indiscipline of any kind.



10. Women Development Cell :-

- | | | |
|------|---------------------------------|--|
| i. | Convener | : Mrs. Qurat. |
| ii. | Members | : Dr. Asma Gulzar and Dr. Mariya Mushtaq |
| iii. | Female Student Representatives. | |

Objectives:-

1. To create and maintain safe, healthy and supportive environment for women and girl students in the campus.
2. To address issues faced by women at work place and to organize awareness generation programs and to take preventive steps towards protection of women staff / female students from harassment in the college.
3. The Women Redressal Committee and Internal Complaints Committee is functioning in the college as per the norms laid down by the AICTE / University of Kashmir.

Responsibilities:-

1. To organize workshops affecting women in general and especially in the following areas:
 - a. Sensitization and gender equality on campuses.
 - b. Issues of women arising from societal concerns.
 - c. Any other theme based activities and events concerning significant issues of women.

